



SALT LAKE

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PROVO

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**ROCKY MOUNTAIN**

E N D O D O N T I C S

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## ROOT CANAL TREATMENT

- As your body begins to heal, it is normal to feel tenderness in the area over the next few weeks to months. As long as the trend is better week-by-week, please be patient.
- You may experience tenderness in your jaw or limited opening, from the local anesthetic.
- Take 800 mg Ibuprofen (4 Advil) every 6-8 hours for 72 hours, even when there is no pain, as this will help expedite the healing process. (Do not exceed 3200 mg in a 24 hour period.)
- As needed, take 1000 mg of Tylenol (2 Tylenol) at the same time as Ibuprofen. (Tylenol is known to be a faster acting pain reliever, however it does not reduce swelling. Do not exceed 4000 mg in a 24 hour period.)
- When prescription drugs such as Lortab or Percocet are recommended, they are to be used in place of Tylenol. Take both with food. Follow the advised precautions from the pharmacy insert.
- Continue to brush and floss, but be careful not to disrupt the temporary filling.
- Contact our office if you develop any of the following: visual swelling, allergic reactions, rashes, hives or itching.

If you experience difficulty breathing at any time,  
contact EMS (911)